SCHEDULE

Monday	Adult	5:00 AM – 6:00 AM
	Youth Level 1	5:15 PM – 6:00 PM
	Youth Level 2	6:15 PM – 7:00 PM
	Adult	7:15 PM – 8:15 PM
Tuesday	Adult	7:15 PM – 8:15 PM
Wednesday	Adult	5:00 AM – 6:00 AM
	Youth Level 1	5:15 PM – 6:00 PM
	Youth Level 2	6:15 PM – 7:00 PM
	Adult	7:15 PM – 8:15 PM
Thursday	Adult	7:15 PM – 8:15 PM
Friday	Adult	5:00 AM – 6:00 AM
	Mixed Youth	5:15 PM – 6:00 PM
	Adult	7:15 PM – 8:15 PM
Saturday	Adult Open Mat	Open Mat